

# *External Quality Assurance of POC instruments*

*13th EFLM Continuous Postgraduate  
Course in Clinical Chemistry and  
Laboratory Medicine  
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# What I will talk about

- ✓ What is special with EQA for POC
- ✓ What is important with EQA
- ✓ The total testing process
- ✓ Examples of how it can be done

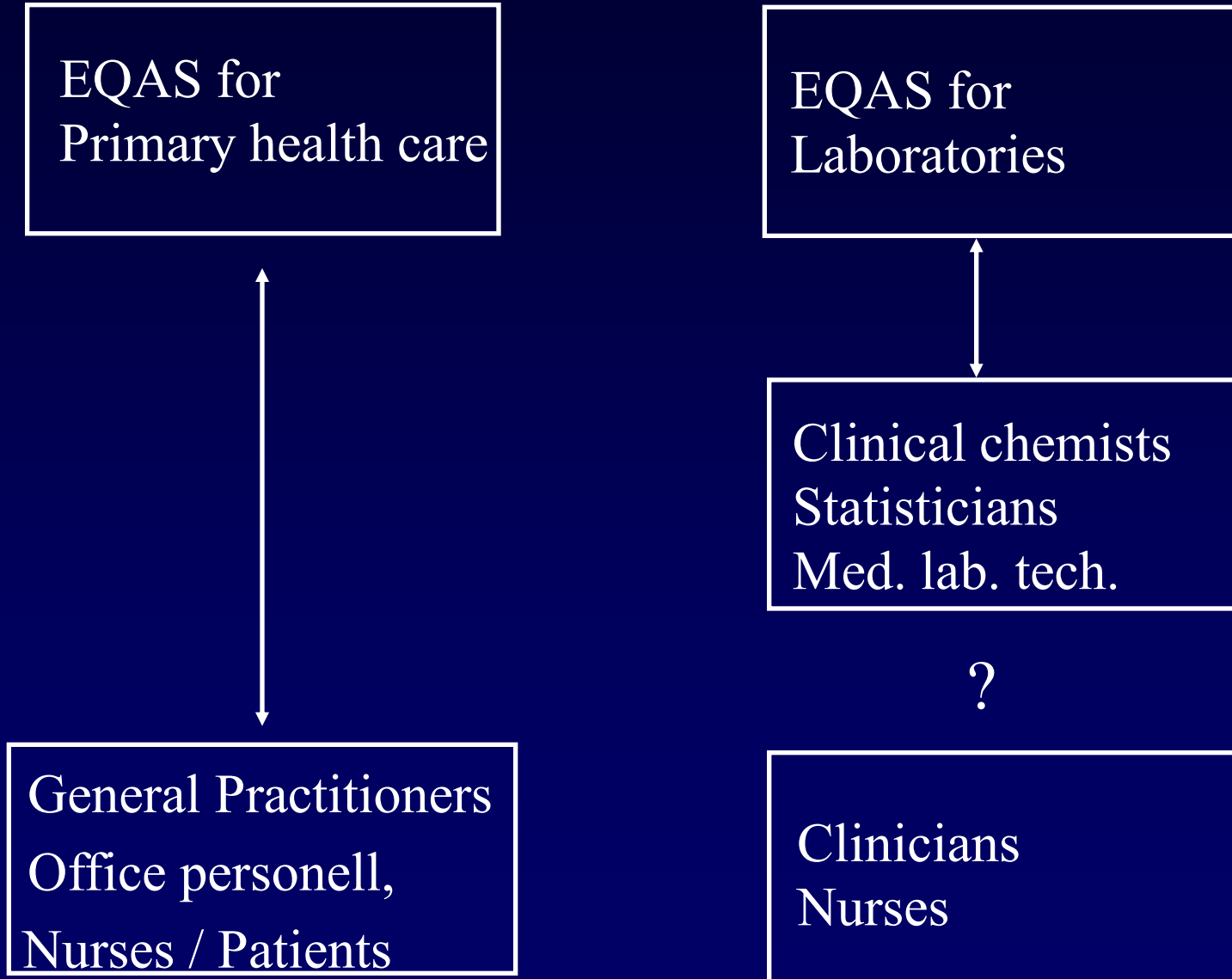
# *Analytical* quality assurance POC

- Everything is different
- Should we use internal quality control, for which analytes, what rules  $2_{3s}$ , ?? / split sample?
- Can we show that this is of importance?
- What do we do with the alarms?
- How to perform EQAS, how often?
- How to perform quality assurance of self-measurement?

# Analytical quality assurance of POCT -challenges

- Challenges
  - Easy to use
  - “Everybody can do it”
  - “No mistakes can be done”
  - “The instrument will give an error message if something is wrong”
  - Often used by people with little or no lab experience
  - Expensive to perform controls

# Differences in EQAS for POC testing and hospital laboratories



# EQA and POC - what is the difference from usual EQA?

- Often many participants / user
- Situated in remote areas
- Users with little knowledge about the laboratory
- Direct communication with patients, nurses, clinicians, GP-offices

# EQA categories

EQA category	Commutable material	Reference target value	Replicate measurements
1	Yes	Yes	Yes
2	Yes	Yes	No
3	Yes	No	Yes
4	Yes	No	No
5	No	No	Yes
6	No	No	No

*Quality specifications should be given*

*PATIENT*

*Anamnesis  
Clinical Findings*

*Diagnosis  
Treatment  
Monitoring*

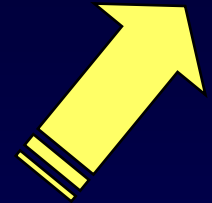
*Pre-pre analytical*

*Post-post*

*Pre-analytical*

*Post-analytical*

*Analytical*





*Medical laboratories -  
Particular requirements for quality and  
competence (ISO 15189:2003):*

*5.6.4.*

*External quality assessment programmes should, as far as possible, provide clinically relevant challenges that mimic patient samples and have the effect of checking the entire examination process, including pre- ad post-examination procedures*

# Analytical quality specifications

Similar or different compared to hospital  
laboratories?

Dependent on the use of the test.

# Guidelines Recommendation to participate in EQA schemes

- ISO 22870 2005. Point-of-care testing (POCT) - Requirements for quality and competence.
- CLSI POCT 07-A 2010. Quality Management: Approaches to Reducing Errors at the Point of Care; Approved Guideline.
- NCCLS H49-A 2004. Point-of-Care Monitoring of Anticoagulation Therapy; Approved Guideline.

# Example POCT INR



*European countries that do not provide EQA for POC INR testing (n=19):*

*Belgium, Bulgaria, Croatia, France, Germany, Iceland, Ireland, Italy, Latvia, Luxemburg, Poland, Portugal, Romania, Russia, Slovakia, Slovenia, Spain, Sweden, Turkey.*

European country	External Quality Assessment organizer	
Austria	ÖQUASTA	Austrian Society of Quality Assurance and Standardization
Czech Republic	SEKK	External quality assessment system for clinical laboratories
Denmark	DEKS	Danish Institute for External Quality Assurance for Laboratories in Health Care
Finland	Labquality	Labquality
Hungary	QualiCont	In Vitro Diagnostic Quality Control Nonprofit Public Utility Ltd.
Netherlands	ECAT	External quality Control of diagnostic Assays and Tests
	FNT	Federation of Netherlands Thrombosis services
Norway	NOKLUS	The Norwegian Quality Improvement of Primary Care Laboratories
Switzerland	CSCQ	The Quality Control Center Switzerland
	MQ	Association of Medical Quality Control
United Kingdom	UKNEQAS	United Kingdom National External Quality Assessment Scheme
	WEQAS	Welsh External Quality Assessment Schemes

In Norway:  
Government and the Norwegian  
Medical Association established an  
organization to take care of  
improving laboratory quality of POC  
instruments



# NOKLUS - 2012

2879 participants in NOKLUS

1755 GPs offices (99,8%)

928 (92 %) nursing homes

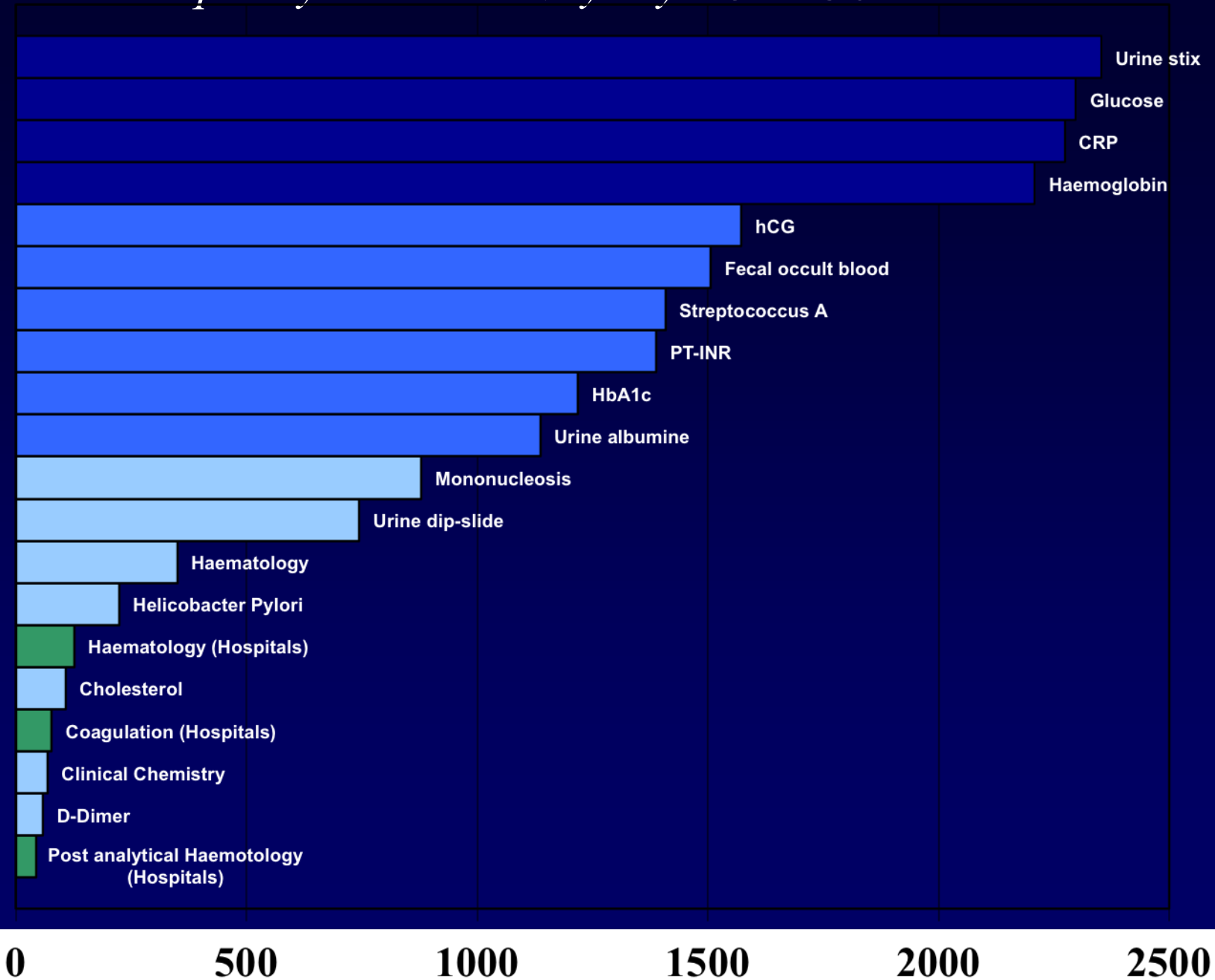
Others, oil platforms, military, police etc

Laboratory consultants visit the participants

518 courses with 7192 participants

36 schemes for EQAS

# *External quality control surveys by NOKLUS*



# How to do it

- Traditional EQA by circulating samples
  - Often non-commutable samples
- Split sample with GP office / hospital
  - Will include also preanalytical factors + additional factors/errors related to “master” instrument(s)
  - Native samples



# New EQA model for POCT

Clinical Chemistry 59:2  
363–371 (2013)

Laboratory Management

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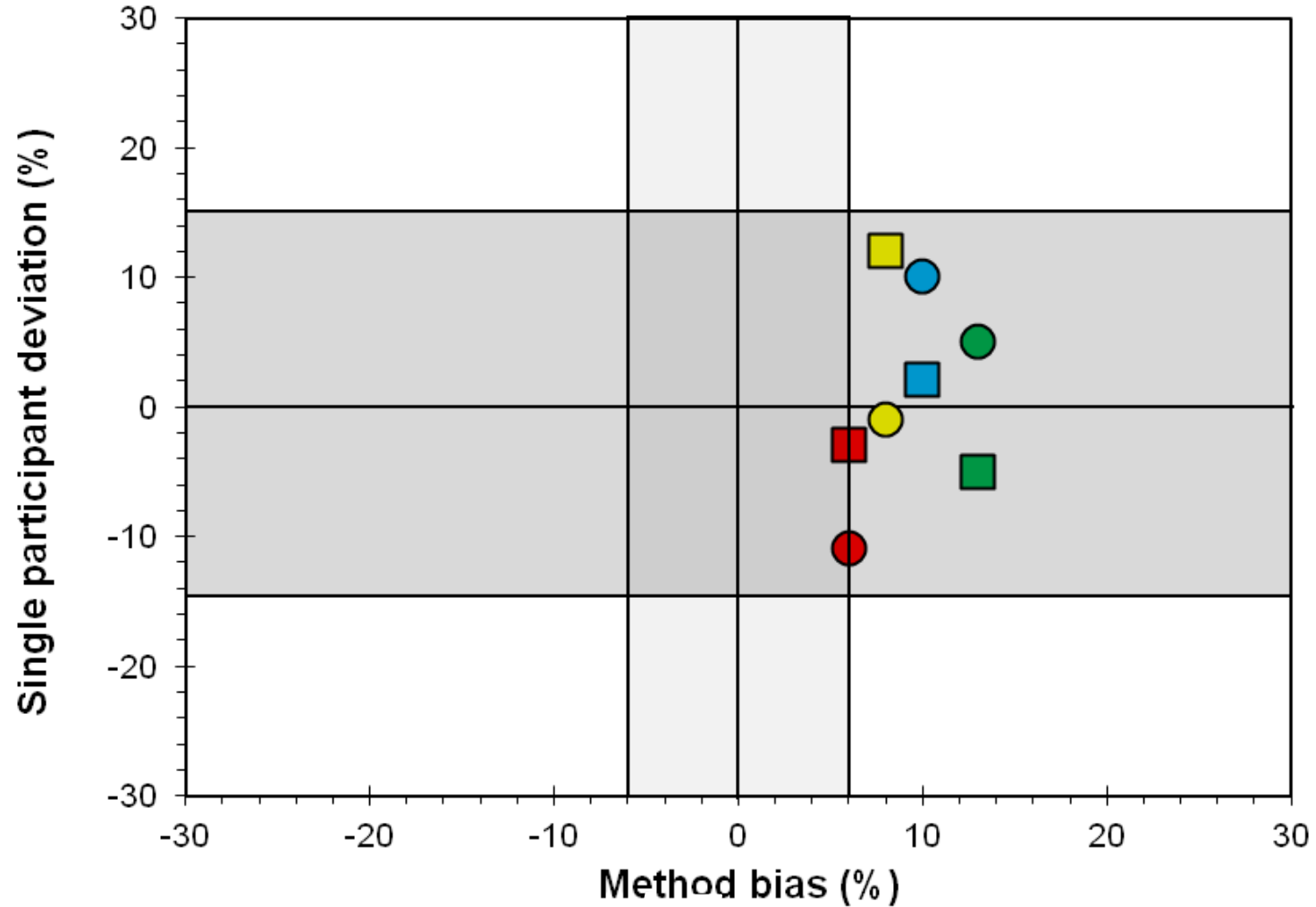
## External Quality Assessment of Point-of-Care Methods: Model For Combined Assessment of Method Bias and Single-Participant Performance by the Use of Native Patient Samples and Noncommutable Control Materials

Anne Stavelin,<sup>1,2</sup> Per Hyltoft Petersen,<sup>1</sup> Una Ø. Sølviik,<sup>2</sup> and Sverre Sandberg<sup>2,3</sup>

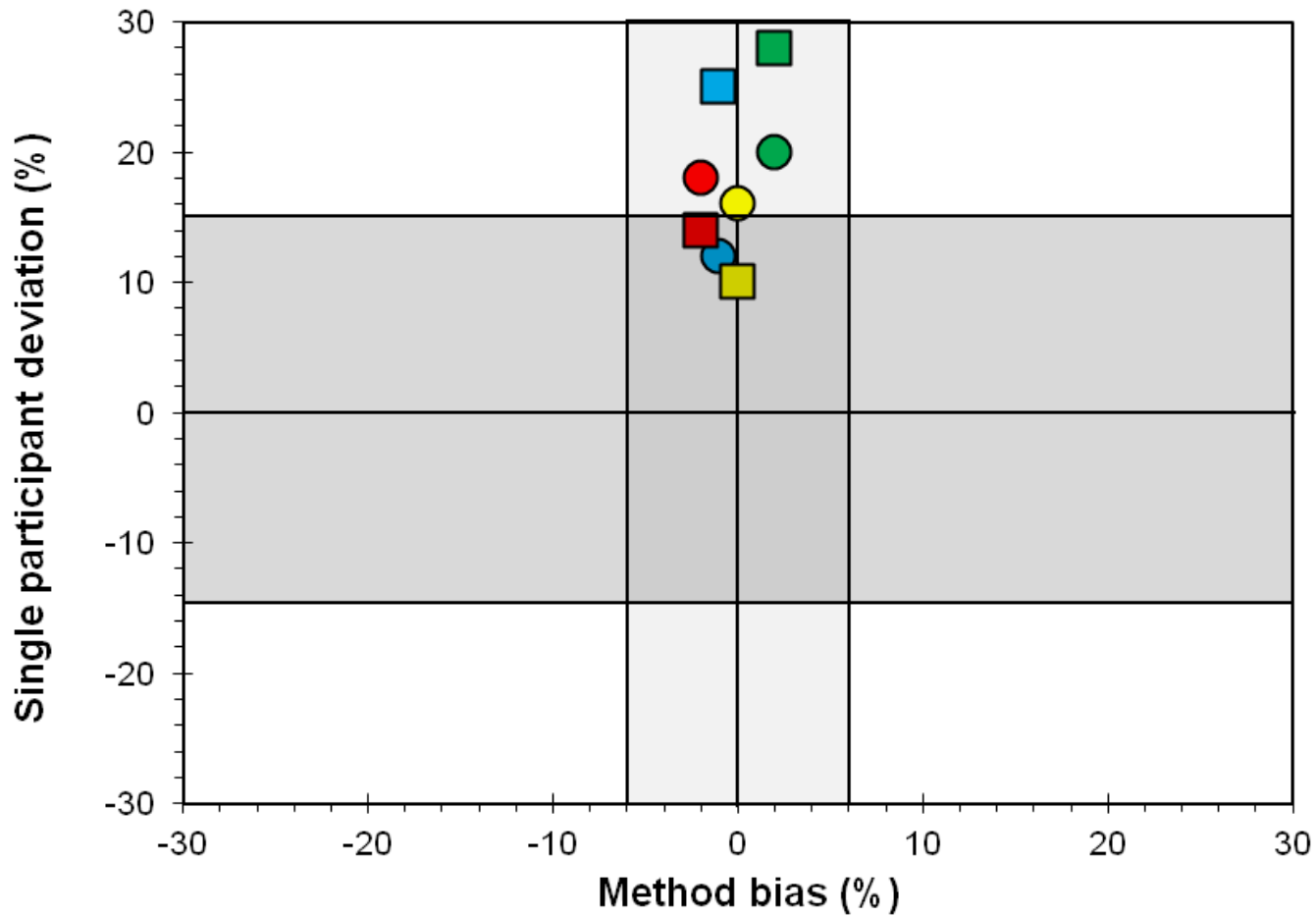
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- ✓ Method bias is established by split sample analyses of patients samples e.g. 100 samples for each method.
- ✓ Participant performance is estimated by deviation from method specific target value using non-commutable control material.

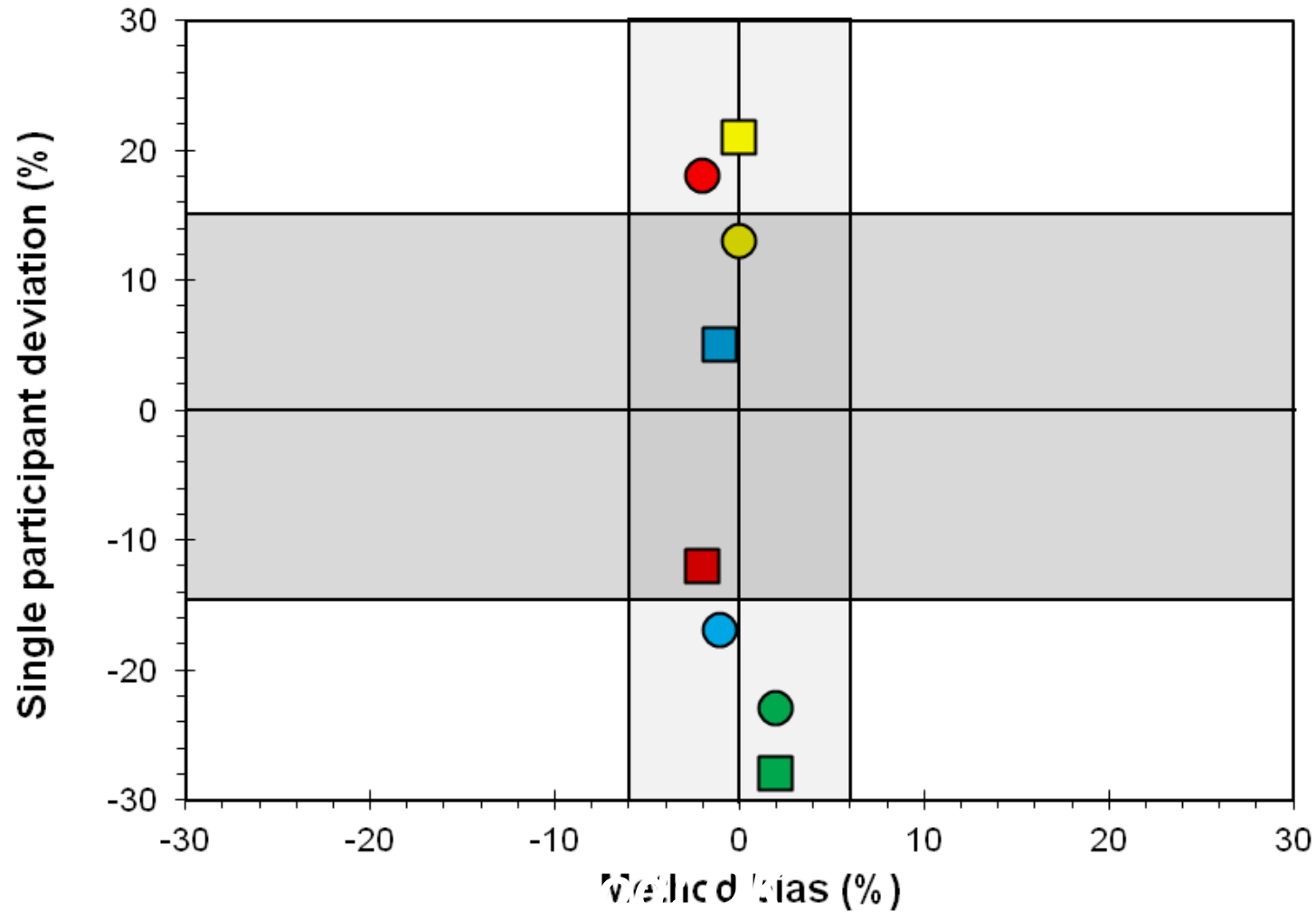
# Example 1



# Example 2



# Example 3



# Problem with control material

*Clinical Chemistry* 51:9  
1632–1636 (2005)

Evidence-Based  
Laboratory Medicine  
and Test Utilization

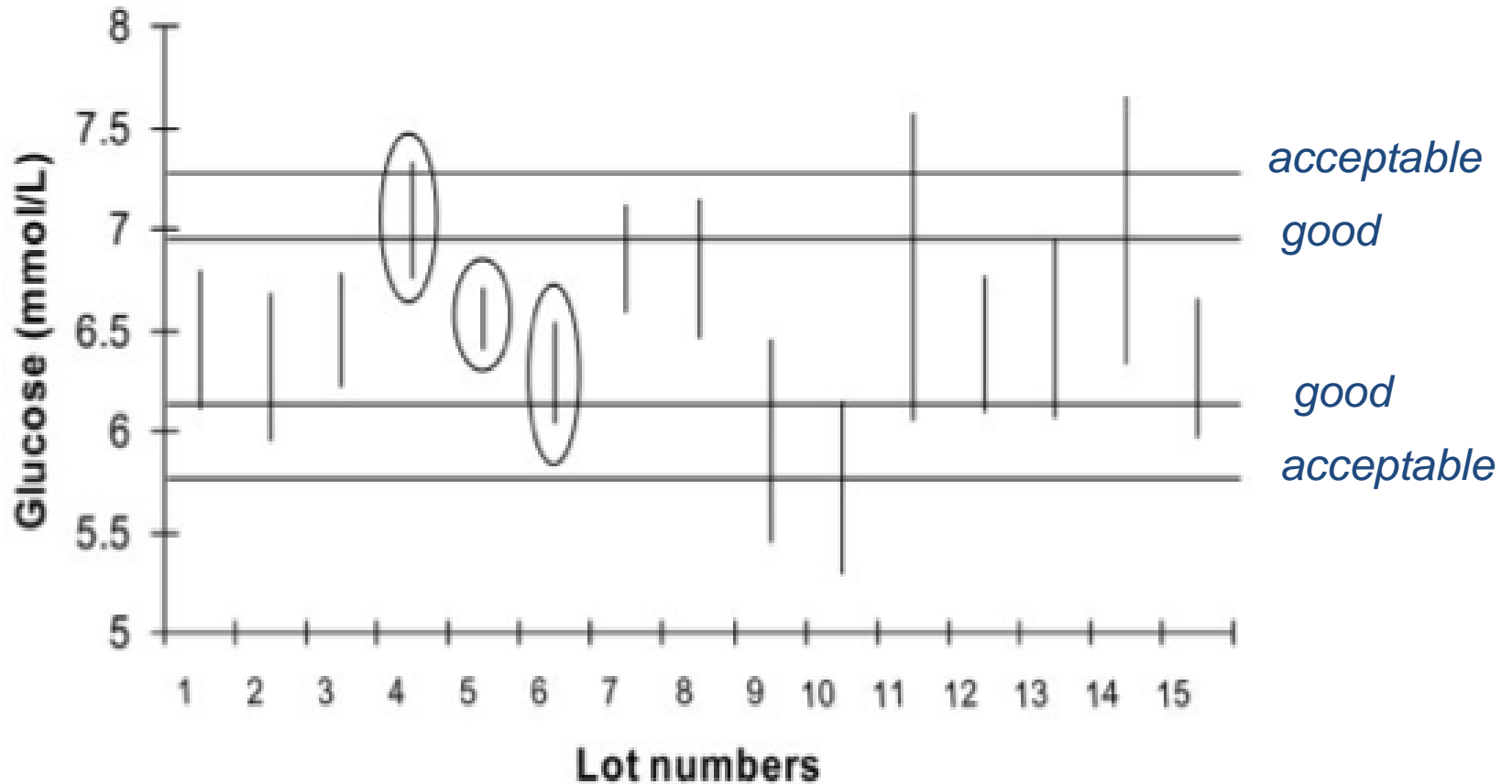
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## Between-Lot Variation in External Quality Assessment of Glucose: Clinical Importance and Effect on Participant Performance Evaluation

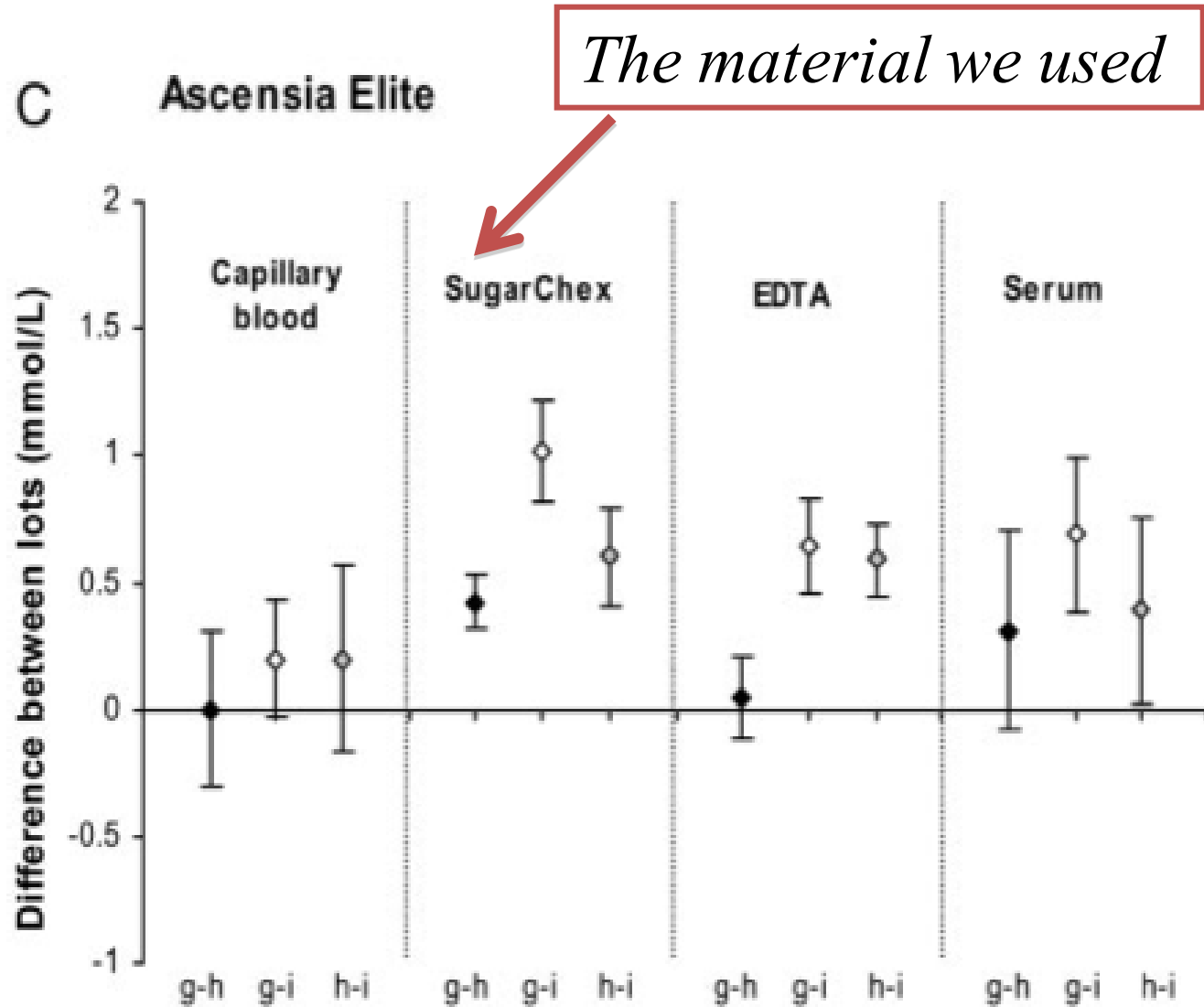
GUNN B.B. KRISTENSEN,<sup>\*</sup> NINA GADE CHRISTENSEN, GEIR THUE, and SVERRE SANDBERG

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# Selection of lot numbers for the study from the routine EQAS, shown for the Ascensia Elite glucometer (n= 262 instruments).



# Different lots and different control materials

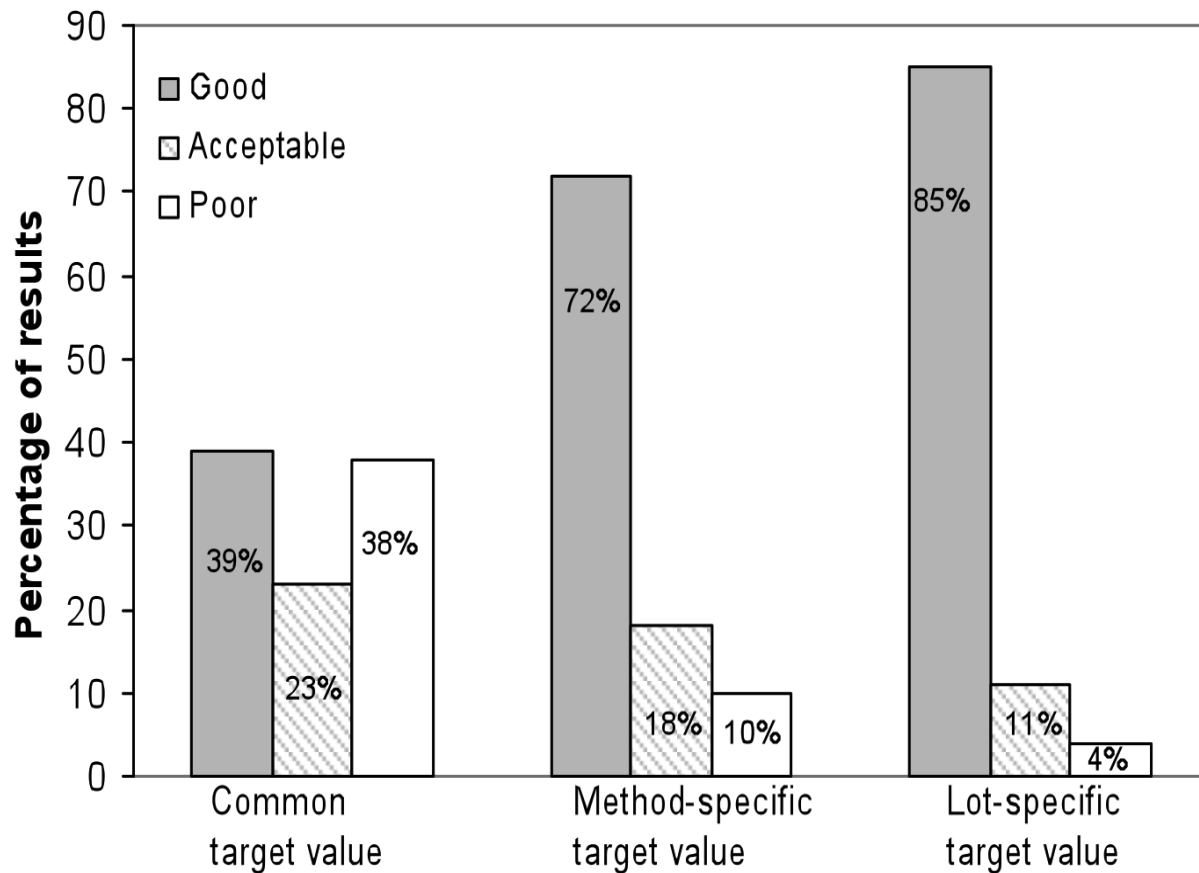




# Should there be quality specifications depending on the source of the target values?

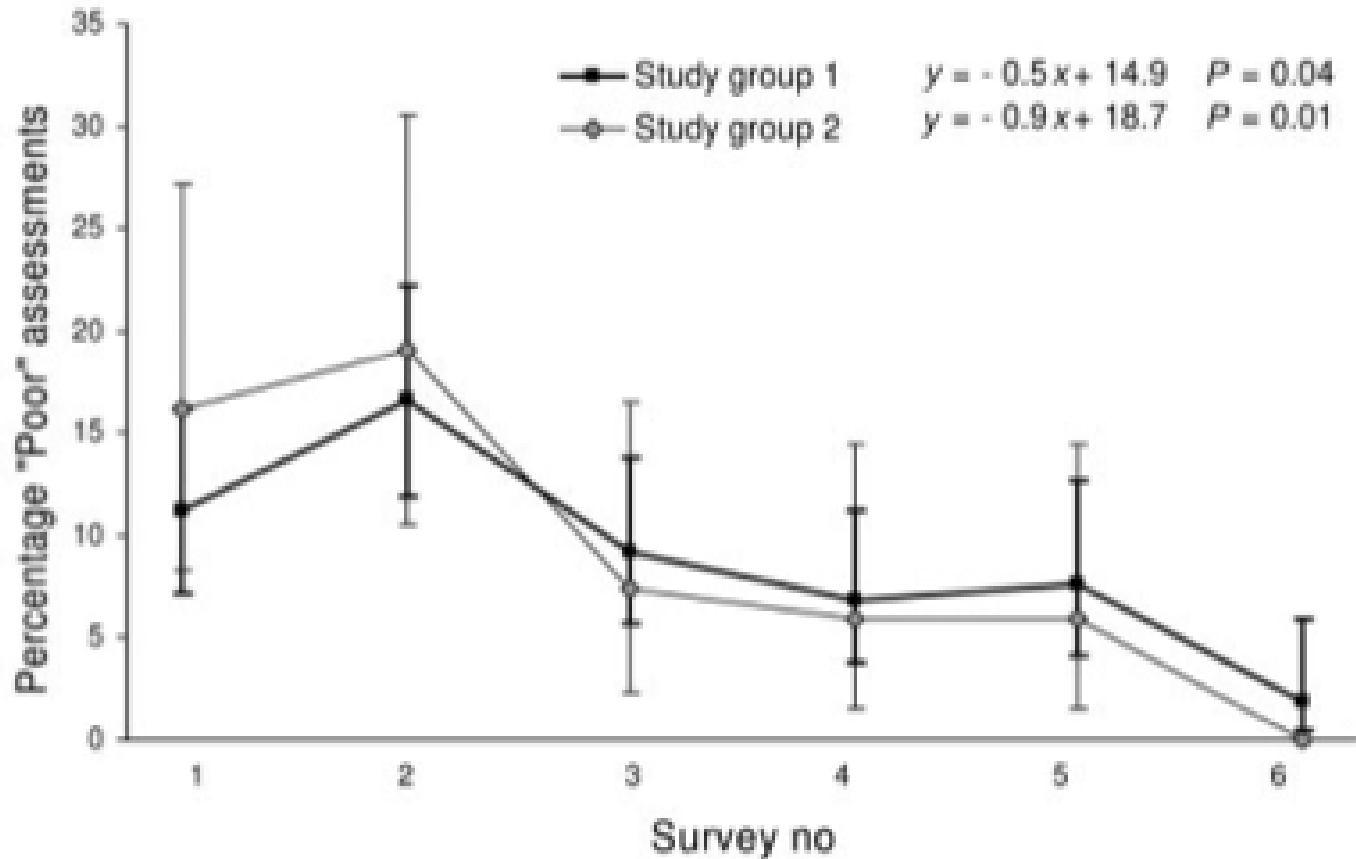
- Commutable material with target value
  - Method variation
  - Lot variation
  - Participants performance
- Method median
  - Lot variation
  - Participants performance
- Lot median
  - Participants performance

# Should target limits be set depending on a common target value, method specific target value or lot specific target value



# EQAS for self-monitoring glucose

A



# Post-analytical quality assurance

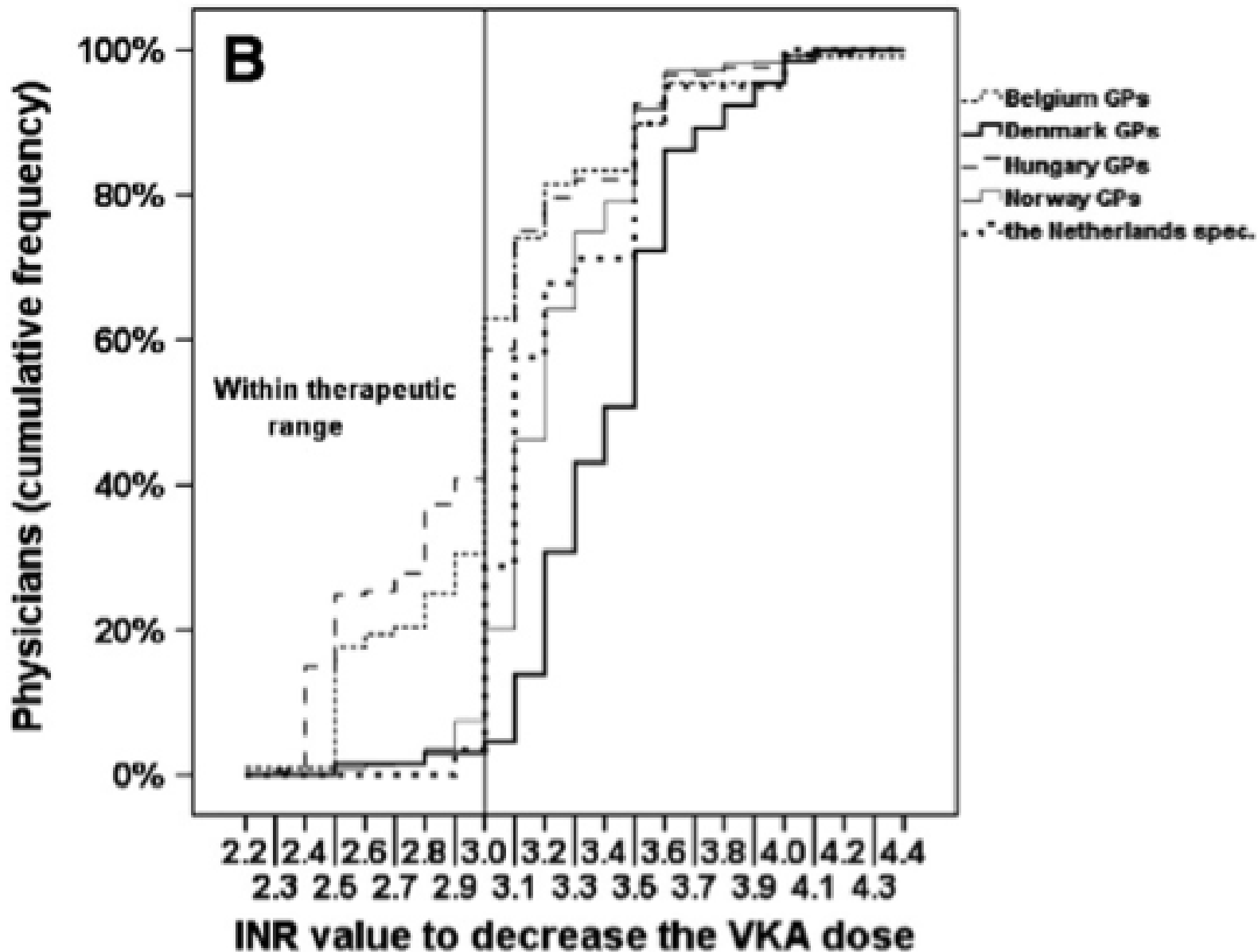
- How to report the result?
- How does the co-worker or patient interpret the result?
- How do the physicians interpret the result?
- What are the actions?

# Interpretation and action

Patient A is a 76-year-old man with permanent atrial fibrillation and hypertension who is treated with warfarin and antihypertensives. The therapeutic interval for this patient is INR 2,0-3,0 (target INR 2,5). He is otherwise healthy and is feeling well at the moment. His INR results have been stable, and have varied between 2,0 and 2,8 during the last months.

**His INR today is 2,3, and you decide not to change the warfarin dose.**

**If you were to decrease his warfarin dose, how high must this next INR value be? \_\_\_\_.**



# Create a process for EQA of POC devices

1. Control material, target values, replicates.
2. Frequency
3. Follow up
4. Pre- and post-analytical aspects.



# EuroLabFocus

The Patient & Laboratory Medicine



Liverpool, UK



The Association for  
Clinical Biochemistry &  
Laboratory Medicine  
[www.acb.org.uk](http://www.acb.org.uk)

7-10 October 2014







*Thank you*